CLIENT QUALIFICATIONS

You **CANNOT** get laser treatment today if:

- You have **TANNED** the treatment area in the past **30 DAYS** (either by extended exposure to sunlight, time spent on a tanning bed or use of sunless tanner).
- You have taken **PHOTOSENSITIZING MEDICATION** (sun sensitizing drugs) in the past **30 DAYS** such as certain antibiotics like Tetracycline. If you have taken **ACCUTANE** you must wait at least **6 MONTHS**.
- The skin on the treatment area is **INFLAMED** or otherwise abnormal (such as a rash, infection, acne breakout, bruised, swollen, etc.)
- You are currently experiencing a **HERPES SIMPLEX BREAKOUT**. If you do have herpes and are not experiencing a breakout you must take Valtrex 2 days before your treatment.
- You are **PREGNANT**.
- Experience **KELOID SCARRING** (excessive and exaggerated scaring from skin injuries).

You **CAN** get laser treatment today if you suffer from any of the following conditions and **BRING A NOTE FROM YOUR DOCTOR** approving the treatment:

- Have **CANCER** or received treatment for it in the past **2 YEARS**.
- Have **DIABETES**.
- Have an **IMMUNE DIFICIENCY** whether caused by drugs or a medical condition.
- Have a **HEART CONDITION**.
- Are a **HEMOPHILIAC** (your blood does not clot properly).

You **SHOULD** request a **TEST PATCH** if you have the following conditions:

- **VERY DARK SKIN** such as Fitzpatrick Skin Type V or VI (dark Middle-Eastern to African skin types).
- Skin is **SUN OR HEAT SENSITIVE**.
- You are **ALLERGIC** to tattoo ink.
- The tattoo being treated is permanent makeup or consists of **SKIN COLORED TONES** (such as beige, tan, and white).
HEALTH ASSESSMENT

NAME: _____________________________ PHONE 1: _____________________________

EMAIL: _____________________________ PHONE 2: _____________________________

ADDRESS: ____________________________________________________________________

CITY: _____________________________  PROVINCE_______________  POSTAL CODE: _____________

This form is completely confidential. It is in your best interest to answer truthfully for your own health and safety. Please check either YES or NO beside each condition that you occasionally or frequently experience.

<table>
<thead>
<tr>
<th>CONDITION</th>
<th>YES</th>
<th>NO</th>
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<tbody>
<tr>
<td>Acne / Problem skin / Rosacea</td>
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<td>Sensitive skin</td>
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<td>Recent exposure to sun or tanning bed</td>
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<td>Recent application of sunless tanner</td>
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<td>Sun / Heat sensitivity</td>
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<td>Cold sores / Fever blisters</td>
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<td>Genital herpes</td>
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<td>Bruises easily</td>
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<td>All medications</td>
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Please list ALL MEDICATIONS that you have taken or applied to your skin in the past YEAR:

____________________________________________________________________________________

Have you ever had a laser tattoo removal treatment before?  YES  /  NO

If yes then how many treatments have you had? __________ How long ago was the last treatment? ____________

I am aware that it is my responsibility to disclose any and all medical conditions, medications and health related concerns prior to receiving treatment in order to prevent any possible health related or other risks to myself. I have reviewed the Client Qualifications on the reverse of this page and still feel that I am eligible for laser treatment today. In consideration of Tattoo Medic Inc. agreeing to provide me laser tattoo or pigmented lesion removal treatments I agree not to hold liable Tattoo Medic Inc., their employees or contractors for any damage, including without limitation, personal or bodily injury of any kind, reactions, allergies, or illness that I may sustain as a result of any of the para-medical treatments carried out. I hereby waive any rights I may have or acquire to make any claim against Tattoo Medic Inc. in connection with the forgoing and I expressly release Tattoo Medic Inc. from any liability with respect thereto.

____________________             __________________
Patient Signature                  Date
PRE-TREATMENT INSTRUCTIONS

30 DAYS BEFORE

STAY OUT OF THE SUN. Do not tan for at least 30 days prior to your appointment (including sunless tanner). If you must expose the treatment area to direct UV light then use SPF 30 or greater sunscreen. You want the treatment area to be as light as possible to reduce the risk of side effects such as hypopigmentation (lightening of the skin). Also be sure you DO NOT TAKE ANY PHOTOSENSITIZING MEDICATION such as antibiotics like Tetracycline.

10 DAYS BEFORE

BE CAREFUL with the treatment area. Any cuts, scrapes, bruises or other damage to the skin cannot be pulsed on with the laser, which means that if your treatment area is partially damaged then we can only treat the healthy portion of the tattoo.

2 DAYS BEFORE

TAKE VALTREX if you suffer from oral or genital herpes. Laser treatments can cause or spread herpes outbreaks for those who already carry the virus, however the risk is diminished if you take your prescribed antiviral medication.

1 DAY BEFORE

SHAVE the treatment area. Thick or dark hairs can diminish the strength of the laser. Shaving the day before rather than the day of the treatment will minimize the risk of skin irritation and maximize the effectiveness of the treatment.

45-60 MINUTES BEFORE

APPLY NUMBING CREAM and/or take a Tylenol or generic acetaminophen (not Aspirin, Advil or Motrin as they may cause bleeding) to reduce any discomfort if desired. We sell Dr. Numb to our clients at heavily discounted rates and it can be picked the same day as your appointment. Dr. Numb is a 5% lidocaine topical anesthetic and is the strongest available in Canada without a prescription.

15 MINUTES BEFORE

SHOW UP for your appointment. We may be able to get in you early, however if you show up late then we may not have time to complete the treatment before our next appointment. Please bring PHOTO ID so that we can confirm your identity and that you are over the age of 18. If you are younger than 18 you must be accompanied by a legal guardian.
CONSENT AND AUTHORIZATION

PLEASE INFORM YOUR LASER TECHNICIAN IF YOU ARE PREGNANT!

Laser therapy has been proven to be safe and effective, and is approved by the FDA for the treatment of tattoos and pigmented lesions. Alternative methods of treatment exist including camouflage with makeup or tattooing, abrasive treatments, acid treatments, treatments with different lasers, and surgical excision (cutting out) with or without tissue expansion or skin grafting. If no treatment is performed, there is no adverse consequence to your health.

I understand that there is a risk of accidental eye injury if struck by any laser beam. This is unlikely since complete eye protection is provided at all times during laser treatments. There is also a risk of persistence of the original pattern (ghosting), change in skin texture, permanent hypo or hyper-pigmentation (lightening or darkening) of the treated skin, hair loss, or thinning or easy bruising of the skin following laser treatment.

I understand the risks of this laser procedure are like any other surgical procedure and include redness, swelling, pain, bleeding, infection, scarring, allergic or drug reactions, and inconvenience to you during the recovery phase. The risk of scarring (in particular raised scars) despite proper laser treatments exists in all cases, but can be reduced by carefully following your aftercare instructions, and by notifying us if any problems develop. Other possible side effects may include: bruising, tissue carbonizing (temporary blanching of the skin’s surface), itchiness/irritation, blistering, scabbing and hyperpigmentation or hypopigmentation (a darkening or lightening of the skin’s pigments which in rare cases may be permanent).

Improvement may not be seen in the tattoo or lesion for up to six weeks. Laser treatments can be repeated at 6-8 week intervals. Continued improvement can occur for several months after treatment.

The laser treatment may create a superficial burn wound. There is immediate whitening of the treated area, which lasts for several minutes. Many patients than develop blisters, crusts or scabs within 24-72 hours, which may last for 1-2 weeks. Some patients may experience bruising or swelling. Do not pick at the scab or allow the skin to become abraded, as this may result in infection and scarring. The treated area may be pink or pale after the scab separates. Loss of skin pigment in the treated area (usually temporary) is common. Complete healing is usually seen by 6-8 weeks.

I understand that the procedure planned is the treatment of a decorative or traumatic tattoo or other lesion with the Picosure laser using topical or no anesthesia. The goal and purpose of the procedure is to attempt removal of the tattoo or lesion, or to make the pattern or lesion as unrecognizable as possible by lightening the pigment.

I understand that in some cases, laser treatment fails to remove all pigment, especially from professional applied tattoos or deep amateur tattoos. It may not be effective on certain pigments such as yellows, and may make beige and white tattoos darker. Multiple treatments are generally required for maximum fading or clearing depending on the amount of pigment, depth of pigment and other factors.

___________

Patient Initials
I understand that this procedure is considered cosmetic, and is NOT covered by health insurance. I understand that the quoted fee is for a single treatment and subsequent treatments will be billed separately. I also fully understand that if I fail to keep my appointment without 72 hours of notification, I WILL NOT BE REFUNDED.

I understand that I have the obligation to disclose all medical conditions, health related concerns and medications I am currently taking or have taken within the last 6 months, all recent sun or UVR exposure, and any other treatments performed on my skin in the area of concern, in order to minimize the risk of side effects or adverse reactions to laser treatment.

By signing below I agree that I am 18 years old or am being accompanied by my guardian. I have been well informed about the laser tattoo removal process and am confident that the potential benefits outweigh the risks. I understand that all photographs I have seen are for illustration only, and do not predict the result that I can expect. I understand the goals, alternatives, risks and possible complications, and I request that the Tattoo Medic Inc. staff perform laser treatment on me. I understand that no guarantee or promises have been made as to the expected results or outcomes.

My post-operative care has been explained to me, and I understand my responsibility for properly fulfilling the aftercare instructions. All my questions have been answered and I hereby wave any claim I, or any person acting through me or on my behalf, may have against Tattoo Medic Inc. its officers, directors, owners, employees, agents or assigns, whether at law or in equity, arising from or in anyway related to damages, losses, costs, or any other cause whatsoever and wherever arising, sustained by me as a result of the treatments performed on me by Tattoo Medic Inc. I expressly release Tattoo Medic Inc., its officers, directors, owners, employees, agents or assigns from all liability with respect to any such claim.

I understand that I may be under video surveillance during the treatment and that I can ask the technician at any time to shut off the camera. I authorize the taking of clinical photography and its use for publication, marketing and/or scientific purposes. I understand my identity will be protected.

____________________            ____________________             ____________________

Patient Name       Patient Signature                  Date

____________________            ____________________             ____________________

Guardian Name      Guardian Signature                  Date
AFTERCARE INSTRUCTIONS

IMMEDIATELY AFTER

APPLY AN ICE PACK as needed to soothe the skin and reduces swelling. Ice can be applied on and off as desired for the next day.

3 HOURS AFTER

APPLY POLYSPORIN to the treatment area and continue to do so 3-4 times a day until the area has healed (usually within 3-7 days). Cover with a fresh dressing afterwards.

FOR 24 HOURS AFTER

DO NOT SHOWER or wash the treatment area for at least 24 hours after treatment. After 24 hours you can wash the area with mild soap in lukewarm water and gently pat dry. After washing re-apply Polysporin and cover with a fresh dressing.

FOR 3-7 DAYS AFTER or until the area has healed

BE CAREFUL not to scratch or bump the treatment area as the skin will be very delicate and damaging it could result in permanent scarring. You may have had some superficial blisters or scabbing. Do not pick at them and just let them heal on their own. Keep the treated area CLEAN AND DRY. Do not go swimming or soaking in the hot tub. Continue to APPLY POLYSPORIN 3-4 times a day. DON’T SHAVE the area or apply makeup or lotions other than Polysporin.

FOR 7 DAYS AFTER

DO NOT EXPOSE THE AREA TO SUNLIGHT. If the treatment area cannot be covered up by clothing then keep a sterile dressing on it whenever it may be exposed to direct sunlight.

FOR 30 DAYS AFTER

WEAR SPF-30 or higher sunblock when the treatment area is going to be exposed to direct sunlight. Don’t forget to re-apply the sunblock frequently as per the manufacturer’s recommendations.

6 – 8 WEEKS AFTER

Come back for ANOTHER TREATMENT. Tattoos almost always require multiple treatments to remove (average with the Picosure laser is 3-6) however it is best to wait 6 – 8 weeks to allow your immune system to remove as much ink as possible before treating the area again.
MORE INFORMATION

The laser tattoo removal treatment may create a superficial burn wound similar to a sunburn. The treatment is considered by most to be painful and feels like elastic bands snapping on your skin. Some clients may experience bruising or swelling. There is immediate whitening of the treated area, which usually lasts for several minutes and could last for several hours.

Many clients then develop blisters, crusts, or scabs within 12-72 hours, which may last for 1-2 weeks or more. The treated areas may be pink or pale after the scab separates. Loss of skin pigment in the treated area is common, and is usually temporary. Healing is usually complete by 6-8 weeks.

If the area feels painful you may take plain Tylenol (or generic acetaminophen), but avoid Aspirin (acetylsalicylic) and Advil or Motrin (ibuprofen) as it can increase the risk of bruising and/or bleeding.

Do not pick at the scab or allow the skin to become scraped, as this may result in infection and scarring. Shaving should be avoided in the treated area until it is completely healed.

Do not wear makeup or any cream or medication other than Polysporin until the area is healed.

If the area looks infected (honey colored crusting and oozing or spreading redness), if you experience an unusual discomfort or bleeding, if any other complications develop, contact your family doctor immediately. Of course, if you have any extreme reaction (such as moderate to severe facial swelling, moderate to severe rash, any difficulty breathing, or you are in any distress) call 911 and go to the emergency room.

Allow at least 6 weeks of healing time before undergoing another treatment. More time may be required if you heal slowly, have a weak immune system, or your tattoo is already extremely faded.

Possible side effects may include: erythema (temporary redness), edema (temporary swelling), bruising, tissue carbonizing (temporary blanching of the skin’s surface), pain, itchiness/irritation, pinpoint bleeding, blistering, scabbing, hyperpigmentation or hypopigmentation (a darkening or lightening of the skin’s pigments which in rare cases may be permanent), scarring (in rare cases).
FAQs

How does laser tattoo removal work?

A very high powered and extremely short pulse of laser light passes through your skin’s surface and breaks up the ink particles beneath. The now much smaller particles can then be attacked by your white blood cells and disposed of through your immune system. This process may continue for weeks or months after your treatment.

What kind of laser do we use?

We have a PicoSure laser, which is at the cutting edge of laser tattoo removal technology. Instead of the old Q-Switch Nd: YAG lasers which operate in nanoseconds, the PicoSure’s pulse duration is in picoseconds, which is 100 times faster. This more effectively shatters the ink particles while reducing the risk of damaging the surrounding tissue. The end result is to cut the amount of treatments required to remove a tattoo by half. Our Picosure is equipped with both the standard 755 nm and new 532 nm hand pieces meaning that we can target the full spectrum of tattoo ink colors including stubborn red, orange and yellow.

How many treatments will I need?

With our extremely powerful PicoSure laser we average 3-6 treatments per tattoo, which is half of what you can expect with the older Q-Switched lasers. Factors that may affect your results include: the area of body (forearms and ankles take more treatments), skin type, healing ability, age of tattoo (older tattoos are easier to remove), professional vs. amateur application (shallow amateur tattoos with homemade inks are easier to remove), type of ink, color of ink, depth of ink in the skin, amount of ink in the tissues, scarring, etc.

How long should I wait between treatments?

You should wait at least 6 weeks to let your body get rid of as much of the shattered pigment as possible before getting your tattoo treated again. If you take a long time to heal, have a weak immune system or your tattoo is already very faded then you might want to wait an extra couple of weeks.

Is laser tattoo removal painful?

It depends on your pain tolerance. Many people find that they feel the same discomfort as when they got their tattoo, however it is done and over with much faster. The laser pulses feel somewhat like elastic bands snapping on your skin and afterwards the area is usually tender like a sunburn. We use icepacks to help anesthetize the skin, however if you want to minimize any pain felt during the procedure you can purchase numbing cream from us and apply it to the treatment area 45-60 minutes before your appointment.

How much does one treatment cost?

In general treatments with the PicoSure laser are more expensive than those with older technology due to the high cost of the equipment, however being that we are a mobile clinic we have a much lower overhead than our competition and we are passing the savings directly on to you. Treatments start at $200 and go up depending on
the size of the tattoo however we offer group discounts of up to 50% off to clients of partner businesses, which include tattoo shops, fitness centres, spas and more. Go to tattoomedic.ca/partners for a complete list. You can become a partner yourself if you wish to host a tattoo removal party at your home and or business and enjoy a group discount for you and your friends.

Where do I go for my treatment?

We have partnered with numerous tattoo shops, fitness centers, spas and other businesses throughout the western provinces so chances are that we will be coming to your area in the near future. Visit tattoomedic.ca/schedule to see a map of our upcoming destinations and book your appointment. If you’d like us to come directly to your door and you’ve got a few friends who’d like to get their tattoos removed then you can host a tattoo removal party at your home or business and even earn a few bucks while you’re at it!

How do I host a group treatment?

If you’ve got at least 5 friends who’d like to get their tattoos removed then send us an email at contact@tattoomedic.ca with your location, contact information and expected number of guests. We will contact you to confirm the details and book a date. After you’re booked we will send you an information package to forward to all your friends so that everyone is informed and knows what to expect. Everyone at your group treatment will get 50% off and you will get a 10% commission of the total revenue earned from you guests which can be redeemed in cash or tattoo removal services at the end of the day.

Can you just remove part of my tattoo?

Absolutely. Our laser is very precise and we can easily remove only a small area or even a just a certain color (like red) from your tattoo.

Can you remove permanent makeup?

Unfortunately do to the chemical composition of permanent makeup it is not a good candidate for laser removal as the ink may darken and become permanently embedded in the skin. That having been said if you’re really unhappy with your permanent makeup and you’re willing to take the risk then we can certainly try to help you out. The permanent makeup must not be on your eyelids or below your eyebrows.

What are walk-in appointments?

It is impractical for us to schedule 10 minute bookings for very small tattoos (less than 8 square inches or about the size of a credit card) as there is no wiggle room if we or you are running a little bit behind. For that reason we decided to allow unscheduled walk-in appointments for those whose tattoos can be treated in 10 minutes or less. The day before your appointment we will email you with a list of open time slots for you to stop by at your convenience. Should none of the open times work for your schedule you can certainly come by and wait for an opening. We often have a few minutes between appointments that we can squeeze you in. If not then your walk-in appointment is fully transferable to another date/location and fully refundable for up to 90 days. If you absolutely need to schedule a specific time then you’ll have to book a 20 minute appointment.

How do I contact Tattoo Medic?

The best way to contact us is by email at contact@tattoomedic.ca. You can also call us at 1-800-864-5471.